

## Selby and district

### Useful contact information

Service	Telephone Number	Email
Selby Hands of Hope	01757 210100	admin@selbyhandsofhope.org.uk
Selby Food Bank	07413 374750	info@selby.foodbank.org.uk
Wetherby Food Bank (Tadcaster)	07840 455725	info@wetherbyanddistrict.foodbank.org.uk
Pontefract Food Bank	07935530583	info@pontefract.foodbank.org.uk
Knottingley Food Bank	01977 278616 or 07581188614	info@knottingley.foodbank.org.uk
Early Help	01609 534829	www.northyorks.gov.uk
Salvation Army - Selby - Knottingley - Tadcaster	01757 702629 01977 675179 01937 835541	jeremy.ferguson-smith@salvationarmy.org.uk knottingley@salvationarmy.org.uk Tadcaster@salvationarmy.org.uk
Selby District Council	01757705101	
Citizens Advice	01757 701320	advice@northyorksca.org.uk
Selby Community House	01757 291111	enquiries@selbydistrictavs.org.uk www.selbydistrictavs.org.uk
Samaritans York/Selby	01904 526582	
Crisis -Selby local community health team -	01904 294689	
Selby Advice		www.selbyadvice.org.uk
nhs.uk	111	nhs.uk/conditions/coronavirus-covid-19/
Selby Children and Family Hubs (Selby, Brotherton, Tadcaster, Sherburn)	01609 532343	
Families Information Service	01609 533483	s.information@northyorks.gov.uk