

WEEKS COMMENCING 1 <sup>st</sup> Sept, 22 <sup>nd</sup> Sept, 13 <sup>th</sup> Oct, 10 <sup>th</sup> Nov, 1 <sup>st</sup> Dec					
	Monday	Tuesday	Wednesday	Thursday	Friday
RED OPTION	Minced Beef and Yorkshire Pudding Seasonal Vegetables Mashed Potatoes	Chicken Korma with Brown Rice Seasonal Vegetables	Oven Baked Pork Sausage Seasonal Vegetables	Lasagne and Garlic Bread Mixed Salad	Cod Fish Fingers with Chipped Potatoes Beans
GREEN OPTION	Quorn Mince and Yorkshire Pudding Seasonal Vegetables Mashed Potatoes	Jacket Potato with Tuna Seasonal Vegetables	Quorn Sausage Seasonal Vegetables	Egg or Ham Mixed Salad	Vegetable Grill with Chipped Potatoes Beans
DESSERT OF THE DAY	Rice Pudding with Raisins Fresh Fruit	Oat Cookie Fresh Fruit	Jam Sponge with Custard Fresh Fruit	Frozen Yoghurt	Fresh Fruit

WEEKS COMMENCING 8 <sup>th</sup> Sept, 29 <sup>th</sup> Sept, 20 <sup>th</sup> Oct, 17 <sup>th</sup> Nov, 8 <sup>th</sup> Dec					
	Monday	Tuesday	Wednesday	Thursday	Friday
RED OPTION	Spaghetti Bolognaise Seasonal Vegetables	Sweet and Sour Chicken with Brown Rice Seasonal Vegetables	Sliced Roast Pork with Gravy Seasonal Vegetables Roast Potatoes	Quiche Lorraine Seasonal Vegetables Potato Wedges	Salmon Fish Fingers with Chipped Potatoes Beans
GREEN OPTION	Spaghetti al Pomodoro Seasonal Vegetables	Jacket Potato with Beans Seasonal Vegetables	Macaroni Cheese Seasonal Vegetables	Jacket Potato with Cheese Seasonal Vegetables	Vegetable Grill with Chipped Potatoes Beans
DESSERT OF THE DAY	Chocolate Crispy Fresh Fruit	Cheesecake Fresh Fruit	Ice Cream Roll Fresh Fruit	Yoghurt Fresh Fruit	Iced Cake Fresh Fruit

WEEK COMMENCING 15 <sup>th</sup> Sept, 6 <sup>th</sup> Oct, 3 <sup>rd</sup> Nov, 24 <sup>th</sup> Nov, 15 <sup>th</sup> Dec					
	Monday	Tuesday	Wednesday	Thursday	Friday
RED OPTION	Oven Baked Pork Sausage Seasonal Vegetables	Pizza Marguerite Boiled Potato Mixed Salad	Roast Chicken with Gravy Seasonal Vegetables	Mild Chilli Con Carne with Brown Rice Seasonal Vegetables	Cod Fish Fingers with Chipped Potatoes Beans
GREEN OPTION	Jacket Potato with Beans Seasonal Vegetables	Pasta Neapolitan Mixed Salad	Vegetable Ravioli Seasonal Vegetables	Jacket Potato with Cheese or Coleslaw Seasonal Vegetables	Vegetable Grill with Chipped Potatoes Beans
DESSERT OF THE DAY	Angel Whip Fresh Fruit	Treacle Sponge with Custard Fresh Fruit	Frozen Yoghurt Fresh Fruit	Carrot Cake Fresh Fruit	Flapjack Fresh Fruit

\*Menu choices are subject to change due to availability of ingredients\*